

Cabeza

linedancemag.com/cabeza/

Choregraphie par : Raymond Sarlemijn (NO), Roy Verdonk (NL)

Description : 32 temps, 4 murs, Débutant, Mars 2020

Musique : Andas En Mi Cabeza – Remix by Chino & Macho



S1: 1/4 Turn R, Syncopated Locksteps Forward, 1/4 Turn L, Cross Rock Steps L/R

1&2&3&4 make a 1/4 turn right stepping RF forward (03.00), LF lock behind RF (&), RF step forward, LF lock behind RF (&), RF step forward, LF lock behind RF (&), RF step forward

&5&6 make 1/4 turn left (12.00)(&), LF cross rock , recover onto RF (&), LF step left

7&8 RF cross rock, recover onto LF(&), RF step right

S2: 1/4 Turn L, Syncopated Locksteps Forward, 1/4 Turn R, Cross Rock Steps R/L

1&2&3&4 make a 1/4 turn left stepping LF forward (09.00), RF lock behind LF (&), LF step forward, RF lock behind LF (&), LF step forward, RF lock behind LF (&), LF step forward

&5&6 make 1/4 turn right (12.00)(&), RF cross rock , recover onto LF (&), RF step right

7&8 LF cross rock, recover onto RF(&), LF step left

S3: Cross R, 1/4 Turn R, Back L, Chasse R, Cross L, Back R, Chasse L

1-2 RF cross in front of LF, make 1/4 turn right stepping LF back (03.00)

3&4 RF step right, LF step together (&), RF step right

5-6 LF cross in front of RF, RF step back

7&8 LF step left , RF step together (&), LF step left

S4: Walk Forward R/L/R/L In Half Circle R, Walk Forward R/L/R/L With Hand Movements

1-2-3-4 walk forward RF, LF, RF, LF making 1/2 circle right (clockwise) (09.00)

5-6-7-8 walk forward RF, LF, RF, LF*

(*optional : wave hands above head right, left, right, left)

(529)